**Basic Gaelic Shinty Vocab for Camanachd Leòdhais**

Camanachd Leòdhais has the promotion of the Gaelic language included in its constitution. Its use and acquisition is encouraged by all players and members, both on and off the park. Here are some useful phrases for players, coaches and fans.

**Confidence in our culture and language breeds pride in the team and in the islands we represent. *PRONOUNCIATION IN ITALICS***

**Caman** – shinty stick (should be referred to as caman in English as well) *kaman*

**Ball** – ball *bahl*

**Buill** – balls *byle*

**Clogad** – helmet *klo-gaj*

**Clogaidean** – helmets *klo-gaj-an*

**Sgioba** – team *skiba*

**Sgiobair** – captain *skibar*

**Cluich!** Play *kloo-ik*

**Tòisich**! – Start *tosh-ik*

**Èist** – listen *ayh-sht*

**Tog**– Lift, pick up *tok*

**Breab –** kick *brep*

**Siuthad** – Move *shoo-it*

**Greas ort**– Hurry Up *gress orsht*

**Suidh sìos** – sit down *sooey-sheus*

**Seall seo** – look at this *shall-shaw*

**Tog an caman** – lift the stick *tok un kaman*

**Buail am ball** – Hit the ball *bull am bahl*

**Ruith eadar na cònaichean** – Run between the cones *roo-ey ehdar na cone-ikan*

**A bheil sibh a’ tuigsinn?** – Do you understand? *a veil shiv a tik-shin*

**Stad** – stop! *stat*

**Stad am ball le do chaman** – stop the ball with your stick *stat um bahl le do khaman*

**Stad am ball le d’ uchd** – stop the ball with your chest *stat um bahl le d-ook*

**Stad am ball le do chasan** – stop the ball with your feet *stat um bahl le do khasan*

**casan ri chèile** – feet together *kasan ree kay-lah*

**cuir ort do chlogad** – put on your helmet *koor orsht do klo-gaj*

*After every drill you should get them to say* ***Tapadh leat*** *to their partner*

*They should* ***Beir làimh –*** *Shake Hands* ***Bear Lyve***